



**GIG**  
CYMRU  
**NHS**  
WALES

Grŵp Gweithredu  
Diabetes  
Diabetes  
Implementation Group

# FREE pre-conception advice and support available All Wales

Do you have diabetes?

Would you like to have a baby?



For more information or advice by phone call, text or email

**07870 873 903 | [Alison.J.Ellis@wales.nhs.uk](mailto:Alison.J.Ellis@wales.nhs.uk)**



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# Cyngor a chefnogaeth cyn beichiogor ar gael am dim

Oes gennych chi diabetes?

Hoffech chi gael babi?



Am fwy o wybodaeth gallwch gysylltu drwy ffôn, tecst neu e-bost

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